

# + REBUILD's leadership sets you up for success.

Build strength and reduce bleeds — with the help of a hemophilia physiotherapy expert.



## Meet Dr. Angela Forsyth.

Diplomat's REBUILD program is led by Angela Forsyth, PT, DPT, an internationally recognized leader in hemophilia

## REBUILD consumers get exclusive access to Dr. Forsyth.

Dr. Forsyth offers education programs for adults and children, sharing her knowledge and leading hands-on activities.

Get started with REBUILD today.

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# REBUILD

## EXPERIENCE:

### Physical therapist in a hemophilia treatment center (HTC) setting at:

- + Rush University Medical Center in Chicago
- + Christiana Hospital in Newark, Delaware
- + Hospital of the University of Pennsylvania
- + Thomas Jefferson University Hospital in Philadelphia

### Published author and speaker for:

- + National Hemophilia Foundation (NHF)
- + World Federation of Hemophilia (WFH)
- + Major drug manufacturers

### Other leadership roles:

- + Chair of the WFH Musculoskeletal Committee
- + Chair of the NHF Physical Therapy Working Group

### Selected Journal Publications

- + Miguel Escobar et al., "Recommendations on Multidisciplinary Management of Elective Surgery in People With Haemophilia," *Haemophilia*, September 2018.
- + Angela Forsyth et al., "Associations of Quality of Life, Pain, and Self-Reported Arthritis With Age, Employment, Bleed Rate, and Utilization of Hemophilia Treatment Center and Health Care Provider Services: Results in Adults With Hemophilia in the HERO Study," *Patient Preference and Adherence*, October 2015.
- + Angela Forsyth et al., "The Effect of Cooling on Coagulation and Haemostasis: Should 'Ice' Be Part of Treatment of Acute Haemarthrosis in Haemophilia?" *Haemophilia*, November 2012.
- + Atul Kamath et al., "Total Knee Arthroplasty in Hemophiliacs: Gains in Range of Motion Realized Beyond Twelve Months



NHF Physical Therapist of the Year  
NHF Physical Therapy Excellence Fellowship



20-plus years of experience in bleeding disorders and orthopedics



Speaker and consultant across the U.S. and in more than 20 countries

DIPLOMAT 

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