

Contact Us Toll Free at 1.866.208.3430

## Fever Management

### Education

Fever associated with the use of injectable medications for the treatment of Multiple Sclerosis is very common following the injection. Fever is one of the many “flu-like” symptoms patients may experience while on medication for MS. Other “flu-like” symptoms may include headache, malaise, fatigue, and chills. Fever can be managed using the following Helpful Tips and Treatment.

### Helpful Tips for Fever Management

- Using cool packs on your forehead and keeping the room air cooler than normal may help to keep you more comfortable when experiencing a fever.
- Consuming cooler foods and drinks rather than hot food and drinks may help.
- These techniques are quick ways to make you more comfortable, and when this relief is not enough, over-the-counter medications may be the next step for symptomatic relief.

### Treatment Options

- Experiencing a fever associated with the use of injectable Multiple Sclerosis medications may be treated with over-the-counter medications such as acetaminophen (Tylenol®), ibuprofen (Motrin® or Advil®) or naproxen (Aleve®).
- It is important to contact your doctor or pharmacist before you take any of these medications for specific directions of use.
- It is also important to talk with your doctor if these symptoms become bothersome or worse than the symptoms you usually experience.

**For questions or concerns regarding any of the above statements or recommendations, please feel free to contact Diplomat Specialty Pharmacy Toll Free at 1.866.208.3430.**

#### References:

1. Frohman E, Phillips T, Kokel K, Pelt JV, O'Leary S, Gross S et al. Disease-modifying therapy in multiple sclerosis: strategies for optimizing management. *The Neurologist*. 2002; 2:227-236.
2. Crayton H, Heyman RA, Rossman HS. A multimodal approach to managing the symptoms of multiple sclerosis. *Neurology* 2004; 63 (suppl 5):S12-S18.